February 2025

SUTTER BUTTES 4-H CHATTER

DEAR PARENTS,

4-H is an organization that is run by families. We are asking each family to get involved by chairing an event or helping with a club activity. Please sign up on-line or used this QR code for the link.

Check your fair eligibility status on the Sutter Buttes 4-H web page under the Resources tab and then fair eligibility status.
Password: sutterbuttes25

March Dinner Auction
March 11th

Doors open at 5:00 pm for silent bidding and preview of live auction items. Club meeting will begin at 6:00 pm. Dinner and auction will follow.

RSVP by Friday, March 7th.

Remember, we are inviting family, friends, and community members who will SUPPORT OUR CLUB!

UPCOMING EVENTS

***Bok Kai Parade**
3/1
Club Leadership Meeting
3/2
***4-H Council Meeting**
3/6
***Color Me Green Run**
3/15
Club Meeting/Dinner Auction
3/11
Club Meeting
4/8

***Bi County Event**

Healthy Living Tip

I have shared healthy living tips and goals for the last few months and each one is different. We have discussed nutrition by eating proper food and limiting candy, exercising and moving out bodies. This month I want every to try to engage with family and friends to add to your healthy living-call a friend up, make a play date to hang out and play board games. Social time with friends and family is great for mental health. Have fun hanging out with your friends!
-Elli Fresquez

Visit our website:
www.sutterbuttes4h.com

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Reminder: You must attend at least half of the meeting (whichever is less) for it to count as attended.

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